



# 2018 IESA CROSS COUNTRY

## GENERAL REMINDERS

- Classification:** There are three classes of boys and girls cross country. The teams will be divided equally into three classes each containing 1/3 of the participating schools. The smallest 1/3 of the schools entered in cross country will be designated as Class 1A, the next smallest 1/3 will be designated as Class 2A, and the largest 1/3 of the schools will be designated as Class 3A. If two or more schools have the same enrollment number and that number happens to be where a split occurs, all schools with the same enrollment number shall be placed in the smaller class. Class 1A will have 8 sectionals, Class 2A will have 9 sectionals, and Class 3A will have 9 sectionals.
- Assignments:** Sectional assignments will be posted on the IESA website on or around [August 12](#).
- Hosts:** When you view the sectional assignments, you will notice there are several sectional sites yet to be determined. If you are interested in hosting one of these meets, please forward your interest to the office via email. Sectional hosts will be accepted until [September 1](#). IESA will be in email contact with the sectionals that do not have a host determined to assist with the securing of a sectional host.
- Deadlines:** Key dates to keep in mind:  
**2018 Season Calendar**

Practice/Tryouts may begin (Monday).....	July 30, 2018
Final Entry Deadline.....	August 1, 2018
Cooperative Team Entry/Renewal Due.....	August 7, 2018
Meets may begin (Saturday).....	August 11, 2018
Regular Season Schedule Deadline (Wednesday).....	August 29, 2018
Online Roster Deadline (Wed. 12 Noon).....	October 3, 2018
Sectionals (Saturday) .....	October 6, 2018
State (Saturday).....	October 13, 2018
Season Must End.....	October 27, 2018
- Regular Season Schedule Deadline:** Please make sure that you log-in and submit your regular season meet dates by August 29. As a reminder, schools must have competed in three regular season meets by the Sectional meet in order to be eligible for post-season participation.
- Sectional Entry Form Reminder:** Be sure to complete the online Sectional Entry Form. This should be done through the IESA Member Center at [www.iesa.org](http://www.iesa.org) by the [12 Noon October 3, 2018](#) deadline. Teams without official entries submitted by that date shall be disqualified from the sectional competition.
- CONTESTANTS WILL NOT BE DISQUALIFIED FOR WEARING JEWELRY. THIS INCLUDES WATCHES, EARRINGS, BRACELETS, OR ANY OTHER PIECE OF JEWELRY THAT IN THE OPINION OF THE MEET REFEREE DOES NOT POSE A SAFETY THREAT TO ANY RUNNER.**
- Sectional Host Requirements:** The sectional host has the responsibility to update the time, exact location and address of the meet on the IESA website. In addition, they will be required to electronically submit state qualifiers on Saturday at the conclusion of the sectional meet. Complete instructions will be sent to host schools. Please keep in mind that bibs are required at all Sectional meets.
- Weather/Hydration/Heat Acclimatization:** Please take all necessary precautions with regard to participant safety and heat acclimatization. Be sure there is plenty of water available to runners and officials during meets and practices.
- Sectional Results/Awards Procedure:** Before conducting the awards ceremony after the sectional, host schools are now required to conduct a meeting with the head coaches of all participating teams. At the meeting, complete team and individual results must be shared with the coaches. Any discrepancies in the results must be reported at that time and corrections made if necessary before the start of the awards ceremony. Host schools should then distribute copies of results to the head coaches after the meeting.
- All schools will be asked to answer a survey upon accessing the Cross Country Entry Center for the first time. The survey will be polling interest in a rotation schedule for the State Meet race order.