

2019 IESA TRACK AND FIELD ADVISORY MEETING

Minutes and Recommendations

June 4, 2019

The following members were present for the meeting: Nicole Schaeftbauer (IESA Associate Executive Director), Charles Ruble (Springfield Washington, Coach), Chauncey Carrick (Sycamore, AD), Michael Corey (Edwardsville Lincoln, Coach), Diane Winekauf (Forreton, Coach), Gretchen Nelson (Mt. Morris Rahn, Coach), Justin Kossack (Greenview, Coach), Ross Forlines (Findlay Okaw Valley, Principal), Steve Kessler (Vernon Hills, Official), Tamara DeLoach (Markham Obama, Coach). Not present was Jay Marshall (Antioch, Official).

The IESA Track and Field Advisory Committee, in its meeting on June 4, 2019, makes the following recommendations to the IESA Board of Directors for their June 14, 2019, meeting:

Recommendation 1- State Series Individual Limitations

Current Each student shall be limited to participation in only one track division (7th or 8th grade) per meet with the exception of relays.

Students in grades 5-7 competing at the 7th grade level of individual competition may compete in:

one relay at the 7th grade level and one relay at the 8th grade level; or
two relays at the 7th grade level; or
two relays at the 8th grade level.

Students in grades 5-7 competing at the 8th grade level of individual competition may compete in:

one relay at the 7th grade level and one relay at the 8th grade level; or
two relays at the 7th grade level; or
two relays at the 8th grade level.

Students in eighth grade may only compete at the 8th grade level.

Proposed Students in grades 5-7 may compete in:

INDIVIDUAL EVENTS

one individual event at the 7th grade level and one individual event at the 8th grade level; or
two individual events at the 7th grade level; or
two individual events at the 8th grade level.

RELAY EVENTS

one relay at the 7th grade level and one relay at the 8th grade level; or
two relays at the 7th grade level; or
two relays at the 8th grade level.

Students in eighth grade may only compete at the 8th grade level.

At no time will an individual athlete be able to compete in the same event at both grade levels.

Rationale This would allow smaller schools some flexibility in filling their sectional roster.

T & F T&C VI. B.

IESA By-Law 4.074

Admin Vote 3-0

Board Action **APPROVED**

Recommendation 2- Season limitations

Current	Only schools which have an established school team which has participated in at least three interscholastic contests prior to the sectional seeding meeting during the current season may participate in team competition.
Proposed	Remove
Rationale	Over the last several years, weather and facility availability has made this a very difficult minimum to meet. Even though exceptions are granted for weather, the Committee would like this removed as to not deter small programs or new schools.
T & F T&C	V. B.
IESA By-Law	4.072
Admin Vote	3-0
Board Action	APPROVED

Recommendation 3- By-laws and Terms and Conditions- Sectional Multiple Rounds

Current	Class A and Class AA
Proposed	Class 1A, 2A, 3A, 4A
Rationale	Moving to a 4 class system would allow smaller Class A schools and smaller Class AA schools the opportunity to compete against teams/schools more their size and experience the possibility for more success.

In this year's state meets, approximately 75% of the athletes in the top 8 finishers in AA were from schools that would be in the 4A class. In Class A, approximately 80% of the athletes in the top 8 finishers were from schools that would be in the 2A class. The move to 4 classes would create the opportunity for more parity.

Financial considerations- The number of needed hosts and officials would not increase. There is the possibility for an increase in the admission and t-shirt concessions. Additionally, the Committee would be open to a \$5.00 increase in the activity fee to help with the cost of additional awards.

The Committee recommends the following:

- 10 Sectionals in each class
- 7th and 8th grade boys and girls divisions
- Advancers would be the event winner plus anyone meeting the qualifying standard for each event
- Class 1A/2A state meets conducted at the same site followed by Class 3A/4A state meets conducted at the same site.

T&F T&C	I (and all other areas)
IESA By-Law	4.071, 4.073
Admin Vote	2-1
Board Action	APPROVED. Will be implemented for the 2020-21 school year. Will also have an entry fee increase of \$5.00 per division in the 2020-21 school year.

Recommendation 4- Weather Policy for Sectional Meets

Current None
Proposed Sectional host schools are selected on the basis of their all-weather facilities and their capability of completing a Sectional Meet on Saturday. Sectional Meets must be scheduled for Friday or Saturday with a “rain” date of Monday. Unsafe weather conditions might make it necessary to suspend a Sectional Meet. But remember, there is no guarantee the weather will be better the next available day. It is the responsibility of the local Sectional Manager and Games Committee to make every effort to complete the Sectional Meet on the date scheduled. It may become necessary to suspend an event or the meet temporarily due to a severe storm or unusual weather conditions that cause competition to become hazardous. However, the competitors and coaches should be held at the site to wait for clearing of weather conditions. Since time is of the essence, suspended meets or events should be reconvened on the same day as soon as the safety of the competitors is assured.

Before a Meet Referee and Manager suspend a Sectional for another date, permission to do so must be secured from the administrator in the IESA Office in charge of Boys and Girls Track and Field.

Suspended meets or events will continue from the point of interruption. The jumps, shot put or pole vault may be moved indoors, if facilities are available

Rationale Provide guidance for sectional hosts, games committee, and meet officials on the conduct of the sectional meet during weather.

T & F T&C XII. A. (New)

IESA By-Law ----

Admin Vote 3-0

Board Action **APPROVED**

Recommendation 5- Pole Vault

Current None
Proposed Schools with athletes participating in the pole vault at the State Meet will be issued one pass for access to the coaching box adjacent to the pole vault area. This pass will only allow a single coach access to the pole vault coaching box and **must be worn while in this area**. It does not give coaches access to other restricted areas or any area other infield area. Individuals wearing the pass must be in compliance with the required qualifications of athletic coaches. Coaches will have their access to the coaching area revoked for the following:

1. Leaving the pole vault area to access other areas of the track.
2. Coaching non-pole vault athletes while on the field.

Rationale There has been an increasing abuse by individuals who have been issued pole vault coaching tags of actively coaching athletes in other events and leaving the coaching box to actively coach non-pole vault athletes. Including this wording in materials will specifically outline expectations and penalty.

T&F T&C XI. H. (New)

IESA By-Law ---

Admin Vote 3-0

Board Action **APPROVED**

Recommendation 6- Sectional Seed Meeting Provided Information

Current	Hosts should only provide participating teams with their roster information the night of the seed meeting. If a host school provides performance lists these lists should not include times or distances on the pages. Heat/flight information may be distributed to coaches after the time for changes has been closed.
Proposed	Hosts should provide participating teams with the following information for their review on the night of the seed meeting: <ol style="list-style-type: none">1. Their roster information. This may be printed from the Host Administration page of your Track and Field Entry Center. OR2. Performance lists. If a host school provides performance lists, these lists should not include times or distances on the pages. Heat/flight information may be distributed to coaches after the time for changes to their individual entries has been closed. Hosts are not required to provide heat/flight sheets prior to the scratch meeting prior to the Sectional meet. If heat/flight information is distributed prior to the scratch meeting, no changes may be made to competitors or competitor information.
Rationale	Gives direction to hosts regarding the format for information they need to provide.
T&F T&C	Host Information: II. D.
IESA By-Law	---
Admin Vote	3-0 in favor
Board Action	APPROVED

Recommendation 7- State Meet Time Schedule

Current	2019 Schedule enclosed
Proposed	2020 Schedule enclosed
Rationale	The change moves the 100 M Dash and Hurdle finals to Friday and reduces the lunch break to 20 minutes. This more closely resembles the order of events at the sectional and shortens the day on Saturday.
T&F T&C	None
IESA By-Law	None
Admin Vote	3-0 in favor
Board Action	APPROVED

Recommendation 8- 100 M Dash and Hurdles at the Sectional

Current	<i>At the Sectional Meet for the 100 M Dash and the Hurdles, races may be run in multiple rounds. The number of rounds may be reduced as dictated by the number of competitors. If the Sectional meet is being timed manually, hosts must use multiple rounds as dictated by the number of competitors. If the Sectional meet is being timed by FAT, those races will be run with a preliminary round and a final round. The competitors advancing to the finals will be the heat winners and the next fastest times, as needed, regardless of place. At the State Meet, the 100 M Dash and the 100/110 Hurdles will be run with a preliminary round and a final round. Heat winners and the next fastest times, as needed regardless of place, will be advanced to the finals.</i>
Proposed	At the Sectional Meet, the 100 M Dash and the 100/110 Hurdles will be run as finals only regardless of the timing method. At the State Meet, the 100 M Dash and the 100/110 Hurdles will be run with a preliminary round and a final round. Advancement from the preliminary round to the finals will be based on the following: <ol style="list-style-type: none">1. The winner of each heat will advance to the finals.2. The remaining qualifying positions will be filled on the basis of time.
Rationale	The committee is recommending that the preliminary rounds at the sectional level be removed. These two events will follow the format of all other running events as finals only. The committee does not feel that the additional rounds are necessary. Requires athletes to compete multiple times and adds time to the meet.

Wording update also separates and cleans up the language for the advancement in these two events at the State meet.

T&F T&C XIII. J. , IX. Remove wording regarding prelim/semi advancement
IESA By-Law 4.074 Remove wording regarding prelim/semi advancement
Admin Vote 3-0 in favor
Board Action **APPROVED**

Recommendation 9- Sectional Participant Information Deadline

Current Class A- Tuesday of Week 44 at Midnight
Class AA- Tuesday of Week 45 at Midnight
Proposed Class A- Tuesday of Week 44 at 3:00 p.m.
Class AA- Tuesday of Week 45 at 3:00 p.m.
Rationale This would allow coaches access to assistance throughout the entry window. Currently, the window for entry extends beyond the hours that the IESA Office is open to provide assistance prior to the sectional roster entry period closing. This will be of great help to the IESA Office and hosts.
T&F T&C II. A. & B.
IESA By-Law ---
Admin Vote 3-0 in favor
Board Action **APPROVED**

Points of Emphasis

1. Wristbands for state meet.
2. New sectional participant information deadline.
3. Change to individual limitations.
4. Use of the alley starts at the sectional and state meets. Encourage schools to use alley starts during the regular season.

Discussion Topics

1. Discussed the use of alleys and the seeding for alley races. Procedure and seeding to remain as the current procedure. No recommendation. Add to the hand seeding information that if the number of athletes is between 16-23, discuss with the games committee the number of heats appropriate for the 800 and 1600.
2. Discussed the reduction in attempts during the finals of the long jump, shot put, and discus. No recommendation. The committee did not feel that the additional attempts significantly lengthened the sectional or state meet.
3. Discussed eliminating the relay restrictions to allow athletes to participate in any combination of relays. No recommendation.
4. Discussed limiting the Sectional meet to Friday only with a rain date of Saturday. Also discussed moving the State meet to Thursday and Friday. No recommendation.
5. Discussed increasing the point value of relays. No recommendation.
6. Discussed competitor field sizes. No recommendation.
7. Discussed open qualification for the State Meet. No recommendation.
8. **Discussed rule meetings for officials and coaches. Committee recommended the creation of a hosting video to be emailed to each sectional host outlining procedures, expectations and common practices.**
9. Discussed the introduction of a super-sectional level. No recommendation.
10. Discussed of switching the 200 and 800 in the order of events for the state series. No recommendation.
11. Discussed the elimination of the pole vault. No recommendation.
12. Discussed the reinstatement of the second and third place sectional plaques. No recommendation.
13. Discussed increasing the automatic qualifiers for state- top 2 and qualifying standard. No recommendation.
14. Discussed flexible standards for inclement weather. No recommendation.
15. Discussed host facility/equipment requirements- FAT use and 8 lanes. No recommendation.

16. Discussed splitting the sectional meets in to two days. No recommendation.
17. **Discussed sectional field event workers. Committee recommends that hosts pre-assign teams to field event and exchange zones at the sectional meets. If at least two different teams could be assigned to a field venue and exchange zone responsibility, that would be ideal. It is the expectation of the Committee that all schools provide qualified people to help facilitate the administration of the meet.**
18. Discussed the assignment of teams with pole vault to one or two sectionals. No recommendation.
19. Discussed the establishment of coaching boxes/areas at the sectional meets. No recommendation. Hosts are encouraged to keep the infield areas clear of non-workers.
20. Discussed online seed meetings. No recommendation. There is a considerable amount of information disseminated at the meetings and the committee feels that it is important for coaches to attend.
21. Discussed the field event order at sectional meets. The committee recommends that the first wave of field events should be run to completion prior to beginning the next set of events. This will help reduce the wait time for athletes with conflicts.
22. Discussed developing a host rotation schedule. No recommendation.
23. Discussed developing an evaluation tool regarding sectional hosts and officials. No recommendation.
24. **Updated the paging policy at the state meet. Only one personal page will be given if an athlete is not present for roll call. No further calls will be given for athletes. Athletes who do not check in after their final page will be scratched from the event.**
25. Discussed posting team scores throughout the state meet. Administrator will post scores both online and onsite throughout the meet.
26. Discussed providing additional high jump pits at the state meet. No recommendation.
27. Discussed adding additional coaching areas/boxes for field events at the state meet. No recommendation.
28. **Discussed the use of performance boards at the state meet. This will be a continued point of emphasis with meet hosts, officials, and event workers.**
29. Discussed providing tents for the athletes at each field event venue at the state meet. No recommendation.
30. **Discussed entering the field event results at the specific venue. Committee and administrator will work with host and timing company to see if this could be done.**
31. Discussed the addition of the triple jump. No recommendation. Unless every sectional host had multiple pits onsite, it would not be feasible to add the event without adding considerable time on to the meet.

Next Advisory Committee Meeting Date

Tuesday, June 9, 2020 @ 10:00 am

Chauncey Carrick, Justin Kossak and Steven Kessler were thanked for their service to the Committee, the Association, and member schools.