

4.073

IESA State Tournament Team Limitations

A member school will be permitted two entries in each individual event for boys and girls plus one entry in each relay for each boys and girls class in which it has entered the state series.

Schools must submit their track entries online using the Sectional Participant Information form. Schools that fail to submit their entries using the online Sectional Participant Information form are subject to sanctions that could include being ruled ineligible for the state series. All boys and girls who will be participating in the sectional meet shall have their names on the Sectional Participant Information Form. No changes may be made to the Sectional Participant Information after the seeding meeting. Contestants shall be allowed to participate only in those events in which they are entered on the Sectional Participant Information. On the day of the sectional meet, there are no substitutions--only scratches.

Boys and girls track and field events shall be held separately, preferably with all Class A or Class AA sectional and state competition being held on the same date at the same location. It is permissible for boys' sectional events to be held at different sites than girls sectional events on the same date if a majority of the schools participating in a sectional vote for a split.

It shall be the responsibility of the sectional track host to invite the coaches of the participating schools to a seeding meeting on Wednesday prior to the date of the sectional meet. Coaches should take a copy of the Sectional Participant Information to this meeting. Heats should be drawn up and lanes may be assigned for track events and flights determined for field events on the basis of the Sectional Participant Information. Coaches shall scratch names of those not participating and make any corrections. Teams without official entries at the seeding meeting shall be disqualified from sectional participation. The state meet shall be organized on the basis of sectional results. There shall be 20 Class A sectionals and 20 Class AA sectionals.

It is mandatory for the head coach (or another school representative) to attend the Sectional Seeding Meeting. If a head coach (or another school representative) is not in attendance at the seeding meeting, the Sectional Meet Manager should seed the athletes from the non-attending school and contact the IESA administrator at the IESA office immediately the following morning.

- a. Sectional managers may accept requests from schools to make exceptions for attendance at the Sectional Seeding Meeting. A letter requesting an exception for attendance must be sent to the Sectional Manager and signed by the school's principal or official representative prior to the beginning of the scheduled Seed Meeting.
- b. If the coach (or other school representative) fails to comply with these provisions, the coach and/or the competitors from that school may be sanctioned.
- c. It is the responsibility of the Head Coach to contact the Sectional Host immediately if for any reason they experience an emergency situation that would not allow them to get to the seeding meeting on time (flat tire, traffic accident, etc.). Sectional managers are encouraged to provide participating coaches with a phone number to be used in case of an emergency.

If a coach or school representative fails to attend the track and field seeding meeting, the following sanctions will be applied:

- a. Non-attendance first meeting: School will be placed on probation.
- b. Non-attendance second consecutive meeting: School will be able to participate in the track and field state series of the current year but will not be able to participate in the track and field state series of the following year unless the school pays a \$250 fee for reinstatement to the state series.

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Individual Limitations

In all interscholastic track and field meets, students are allowed to participate in a maximum of four (4) events. Relay teams may list a maximum of five athletes- four runners and one alternate. Any four of the five runners listed may run at either the sectional or state level of competition. Students may only participate in two relays. If a student participates in two relays, one of the relays must be the 4x400. **Regardless of the participation grade level, no student may participate in both the 4x100 relay and the 4x200 relay.**

Athletes listed as a relay alternate will not have an event count toward their event total unless they participate in that event. Athletes may be listed as an alternate for both the 4x100 and 4x200 relays but may only participate in one of those relays.

Each student shall be limited to participation in only one track division (7th grade or 8th grade) per meet with the exception of relays. Students in grades 5-7 competing at the 7th grade level of competition may compete in one relay at the 7th grade level and one relay at the 8th grade level; or two relays at the 7th grade level; or two relays at the 8th grade level. Students in grades 5-7 competing at the 8th grade level of competition may compete in one relay at the 7th grade level and one relay at the 8th grade level; or two relays at the 7th grade level; or two relays at the 8th grade level. Students in eighth grade may only compete at the 8th grade level.

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred

and all other interscholastic contests at any level in the interim.

The first place winner in each event at the sectional track meet shall automatically advance to the state final meet. In addition, any individual or relay team who equals or surpasses the qualifying marks which are listed for each particular class and level as detailed in the track information sent from the IESA office to each participating school shall advance to state level competition.

Contestants who meet the qualifying standards when running in the preliminaries or semi-finals of the hurdles or 100 meter dash at the sectional meet but do not finish first in the finals shall advance to the state meet. Contestants must run in the finals in order to advance to the state meet unless injury or illness after the prelims or semi-finals prevents them from doing so.

Illustrations for Section 4.074

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. May the same runner be listed for both the 4 x 100 and the 4 x 200 relays?

A. No. If a runner is going to be listed for two relays, one of the relays has to be the 4 x 400.

Q. My 4 x 100 relay team did not qualify to advance from sectional to state competition. May I move one boy from the 4 x 100 relay team to my 4 x 200 relay team, which did qualify for state competition?

A. No, you would be in violation of this By-Law.

Q. I have a 7th grade girl who will compete as an individual at the 8th grade level of competition. Is she still eligible to be a member of a 7th grade relay team?

A. Yes.

Q. My 8th grade hurdler beat the qualifying standard in the prelims of the hurdles. Has she automatically qualified for the state meet?

A. No. In order to advance to the state meet in the 100 or hurdles, she must run in the finals unless illness or injury after the prelims or semifinals would prevent her from doing so.

Q. Is it now permissible for a contestant to run in four events?

A. Yes. Beginning in 2013, a contestant may enter any four events. This could be four running events or four field events. It could be 2 running events and 2 relays as long as one of the relays is the 4 x 400. It could be 3 field events and 1 running event. Any combination of four events is now acceptable as long as if the contestant enters two relays, one of them must be the 4 x 400.

Q. The individual limitation only permits a student to compete in two relays in the regular season and state series. If my team is competing on a specialty relay only meet can an individual compete in four relays?

A. Yes. If the specialty meet offers only relays then an individual may compete in four relays.