



# CARING

**What makes us caring individuals is doing caring things. Caring is not just a feeling but a behavior**

## **TRAITS:**

- Express Gratitude
- Be Kind and Generous in your Words and Actions
- Show you Care, be Charitable
- Help others in Need
- Show Empathy for Others (Be understanding)

## **EXAMPLE:**

- Help others.
- Encourage those around you.
- Make sure the well being of others is placed above winning.