

# ACTIVITY UPDATE



# 2024-2025

# IESA VOLLEYBALL

## Jewelry is allowed.

### NFHS rule 4-1-7:

**Allows small, secured stud or post jewelry to be worn above the chin.**

### NOTE:

Hoop-style earrings that dangle and other jewelry worn below the chin (such as necklaces and watches) are still **ILLEGAL** and must be removed.



## Rule Changes 24-25

**4-2-3a, 7-1-1 NOTE:** Allows a player to change uniform numbers without penalty when a uniform is damaged in addition to when a uniform has blood on it.

**5-4-3c(1):** Allows all players on the roster, not just starting players, to stand on their respective end lines prior to the first set.

**5-9-2b NOTE (NEW), State Association Adoption Chart:** Requires line judges to switch sides of the court between sets when, by state association adoption, teams remain on the same benches throughout the match.

**11-4-1b:** Allows teams to substitute during an injury time-out for the libero replacement if the libero is injured or ill.

## Important Dates



Dec. 2 - Practice/Tryouts can begin  
January 6 - Matches may begin  
January 6 - Season Schedule Due

### 7th Grade:

Feb. 18 Online Roster and Record  
Feb. 20 Due Online Ranking  
Feb. 28 Rosters Close  
March 1, 3-6 Regionals  
March 10 Sectionals  
March 14-15 State Finals

### 8th Grade:

Feb. 25 Online Roster and Record Due  
Feb. 27 Online Ranking  
March 7 Rosters Close  
**March 8, 11-13 Regionals**  
**March 17 Sectionals**  
**March 21-22 State Finals**

## Uniforms



### EXCEPTION TO RULE 4-2-4-f

**The number on the uniform top shall be:**

*Placed so the top of the number on the front of the uniform is no more than **6 inches** down from the shoulder seam; or placed so the number is centered no more than **6 inches** below the bottom edge of any neckline ribbing, placket, or seams on the uniform top.*

## Frequently Asked Questions



**Q: Can a player play on a club team at during the IESA season.**

A: This is a local school district decision. There is no IESA By-law against playing both at the same time.

**Q: Can players ball handle before the coin toss in the post season?**

A: **No**, in all post season matches, beginning at the regional level, there is no ball handling before the coin toss. Teams can stretch, do court movement to warm-up before the coin toss.

**MIKASA  
VQ200  
PLUS**



The official  
volleyball of  
IESA  
postseason  
play

## Sportsmanship/Ejections

A **player** ejected from a contest must serve a two-game suspension and complete the NFHS Sportsmanship course. A player ejected a second time during the school year must serve a 5-game suspension and the school is responsible for paying a \$100 penalty fee.



A **coach** ejected from a contest must serve a two-game suspension, complete the NFHS Sportsmanship course and the school must pay a \$100 penalty fee. A coach ejected a second time during the school year must serve a 5-game suspension and the school is responsible for paying a \$250 penalty fee. All player/coach ejection consequences must be met, documented and confirmed by the IESA before eligibility is reinstated for a player or a coach.

**Fans** ejected from a contest must complete the NFHS Sportsmanship course and provide proof of completion to the member school the fan represents.

## Individual Player Limitations

For regular season contests as well as regular season tournaments, students shall be limited to a maximum of **four (4)** matches per day. (by-law 4.065)



Participation in a set shall mean that a student actually competes (regardless of the length of time) in any set during the match.

## Team Limitations

No girls volleyball team representing a member school shall, in any one season and exclusive of the IESA state series participate in more than **24 matches.**



See by-law 4.063 for additional information about team limitations.

## Calendar Changes for 2025-2026

As you look forward to scheduling contests and officials for future years, please keep in mind that the calendar changes will go into effect for the 2025-26 school year.

Practice may begin the Monday of Week 23.  
Games beginning Monday of week 27.

### 7th grade

Regionals Weeks 34-35 & Sectional Monday of Week 36  
State Friday/Saturday of Week 36.

### 8th Grade

Regionals Weeks 35-36 & Sectional Monday of Week 37  
State Friday/Saturday of Week 37.

A ten-year standardized season calendar is available on the IESA website.

## Request for Accommodation Policy

Students who need accommodations are encouraged to work with their member schools to complete and submit the **Request for Accommodation Form**. This form is available to member schools in their member center. Schools should fill out the form and submit it to the IESA office. Additional information about the process can be found in the Policies section of the IESA handbook.



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