

2018 IESA CROSS COUNTRY ADVISORY MEETING

Minutes and Recommendations

November 12, 2018

The following members were present for the meeting: Nicole Schaeftbauer (IESA Associate Executive Director), Dave Stier (Official), Jake Norman (Pekin Broadmoor, Coach), Jason Palmer (Shelbyville Moulton, Coach), Jennifer McCoy (Normal Parkside, Administrator), John Darrow (Clarendon Hills Notre Dame, Coach), Lisa Martin (Mahomet-Seymour, Coach), Melissa Strickler (South Pekin, Coach), Rob Pacey (Paxton-Buckley-Loda, Coach), Shane Orlow (Freeport JHS, Coach).

The IESA Cross Country Advisory Committee, in its meeting on November 12, 2018, makes the following recommendations to the IESA Board of Directors for their January 25, 2019, meeting:

Recommendation 1- By-laws and Terms and Conditions

Current	Distance for both boys and girls shall be set at 3200 meters with boys and girls running in separate races.
Proposed	Courses for the sectional and state final meets for both the boys and girls shall be no more than 2.1 miles nor less than 1.9 miles in length. Every effort should be made to run on a two mile course. The length of the course for the state final races will be 2.0 miles. The boys and girls will run in separate races during the state series.
Rationale	The range gives more flexibility to hosts. The switch to miles will make measurement more consistent.
XCC T&C	VI. L.
IESA By-Law	4.034
Admin Vote	
Board Action	APPROVED

Recommendation 2- Terms and Conditions and Host Instructions

Current	The only persons allowed in the starting boxes at the state meet will be competitors and coaches. Coaches must leave the boxes when requested by meet personnel prior to the start of competition. All runners will start from a randomly assigned box. Box assignments will be given to the coach when the pick up their final packet on the day of the state meet. All individuals who qualify from a given sectional will all start from the same box.
Proposed	For all state series meets, the only persons allowed in the starting boxes will be competitors and coaches. Coaches must leave the boxes when requested by meet personnel prior to the start of competition. Sectional: All runners will start from a randomly assigned box. Box assignments will be randomly assigned by the host in advance of the sectional meet. State: All runners will start from a randomly assigned box. Box assignments will be given to the coach when the pick up their final packet on the day of the state meet. All individuals who qualify from a given sectional will all start from the same box.
Rationale	The wording will provide for consistent execution by sectional hosts statewide.
XCC T&C	VI. H.
IESA By-Law	
Admin Vote	
Board Action	APPROVED

Recommendation 3- By-Laws and Terms and Conditions

Current	Sectional Individual Awards: A medal shall be given to the individual winner of each sectional race. Ribbons will be presented to the runners placing 2-10 at sectional cross country meets.
Proposed	Sectional Individual Awards: A medal shall be given to those runners finishing 1-10 in each sectional race.
Rationale	Currently, ribbons are given to members of the qualifying teams. Giving medals to those individuals who finish in the Top 10 would differentiate and highlight their effort from those of the qualifying teams.
XCC T&C	VIII. A.
IESA By-Law	4.035
Admin Recommendation	Eliminate the ribbons awarded to members of sectional teams finishing in 1 st -3 rd for scholastic bowl, cross country, and bowling.
Board Action and note	APPROVED both the committee recommendation and the administrative recommendation. NOTE: The Committee recommendation will also be applied to sectional golf individual winners 2-10 and bowling sectional individual winners 2-10.

Recommendation 4- Terms and Conditions

Current	The time schedule for the state final races will be as follows: Class 1A Girls: To begin at 9:30 a.m. Class 1A Boys: To begin at approximately 10:15 a.m. Class 2A Girls: To begin at approximately 11:00 a.m. Class 2A Boys: To begin at approximately 11:45 a.m. Class 3A Girls: To begin at approximately 12:30 p.m. Class 3A Boys: To begin at approximately 1:15 p.m.												
Proposed	A race rotation will be established for the state finals races in the following order: <table border="1"><thead><tr><th>Yr. 1- 2019</th><th>Yr. 2- 2020</th><th>Yr. 3- 2021</th></tr></thead><tbody><tr><td>9:30- Class 1A</td><td>9:30- Class 2A</td><td>9:30- Class 3A</td></tr><tr><td>11:00- Class 2A</td><td>11:00- Class 3A</td><td>11:00- Class 1A</td></tr><tr><td>12:30- Class 3A</td><td>12:30- Class 1A</td><td>12:30- Class 2A</td></tr></tbody></table>	Yr. 1- 2019	Yr. 2- 2020	Yr. 3- 2021	9:30- Class 1A	9:30- Class 2A	9:30- Class 3A	11:00- Class 2A	11:00- Class 3A	11:00- Class 1A	12:30- Class 3A	12:30- Class 1A	12:30- Class 2A
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11:00- Class 2A	11:00- Class 3A	11:00- Class 1A											
12:30- Class 3A	12:30- Class 1A	12:30- Class 2A											
Rationale	The race rotation schedule will provide a bit more equity with regard to course conditions, potential travel conditions, etc. The survey conducted in 2018 supported the recommendation. 253- Yes, 137- No.												
XCC T&C	II. D.												
IESA By-Law													
Admin Vote													
Board Action	APPROVED												

Discussion Topics

1. Discussed shortening the cross country season. While the Committee understands the issues that overlapping seasons has, they feel that this is a problem that must be addressed by each district. The IESA sets the schedule and each school/district/coach must set a policy to address the needs/interests of their students. The Committee encourages districts/schools/coaches to find a workable solution for their students.
2. Discussed increasing the state series roster size to 12. No recommendation was made.
3. Discussed allowing an alternates race to be conducted prior to the conclusion of the awards ceremony. No recommendation was made.
4. Discussed including language that would not allow a rescheduled sectional meet to be conducted on a holiday (Columbus Day). No recommendation was made. Sectional meets that must be rescheduled due to weather will follow the Bad Weather Policy and reschedule for the first Monday following the canceled race.

5. Discussed the standardization of the number advancing from each sectional. No recommendation was made. The Committee will monitor the number of "extra" individuals advancing. In the 2018 meets, a total of 5 extra individuals qualified for the state meet.

ADMINISTRATIVE RECOMMENDATION: Individual Advancement to State--- *In Class 1A, the top eight (8) individuals not on the first, second, or third place teams shall advance to state level competition. In Class 2A and Class 3A, the top five (5) individuals not on the first, second, or third place teams shall advance to state level competition. The IESA Cross Country Administrator will add additional individual runners within the top ten of a given sectional as state qualifiers.* **APPROVED**

6. Discussed extending the start line at the State Meet. No recommendation.
7. Discussed awarding champions by age division- 7th and 8th at the State Meet. No recommendation.
8. The Committee discussed future expansion possibilities for the activity. A four class system of the activity was discussed. A two class system with a regional, sectional and state level was also discussed. No recommendation was made. The Committee will look at the two different options in terms of splits and meet dates for next year.
9. Discussion of host expenses and financial reimbursement. No recommendation was made. The Committee did not feel that an additional assessment by the host was needed or acceptable. They would like to continue to monitor the expense reports to see if adjustments need to be made to the total reimbursable amount.

Lisa Martin was thanked for her service to the Association, the Committee and the participating schools.

Next Advisory Committee Meeting Date

Monday, November 18, 2019 @ 10:00 am