

IESA CHEER ACTIVITY UPDATE

2020-21 TERMS & CONDITIONS CHANGES

THERE ARE NO IESA CHEER TERMS AND CONDITIONS, SCORESHEET OR RUBRIC CHANGES FOR THE 2021 STATE COMPETITION.

IESA HANDBOOK CHANGES

2.053 - Residence

This by-law refers to full-time staff members.

2.062 - Transfer Students

The student would be eligible to participate in a sport at their new school during the current school year if during the IESA designated season for a sport, the student had NOT participated in a tryout, organized practice, or contest in that sport at their previous school. See by-law 2.072 regarding student status as a member of a team. A student who transfers from one school to another and is eligible shall become eligible to participate in contests for the new school on his/her eleventh day of attendance at the new school in any sport or activity and provided all other eligibility requirements are met.

Request for Accommodation Policy

Students who need accommodations are encouraged to work with their member schools to complete and submit the Request for Accommodation Form. This form is available in the member center and the process is outlined in the IESA Handbook.

NFHS SPIRIT RULES CHANGES

These changes are shaded in gray throughout the rules book. It is the coach's responsibility to ensure the legality of the choreography.

- Rule 1** Deleted the definition of basket toss, revised definition of dismount, foldover, prep and switch up.
- 3-2-1c** Restricts bases holding objects when supporting an extended stunt.
- 3-3-5** Allows the top person to make a ¼ turn around the bracer.
- 3-3-5a** Clarifies the connection between a single bracer and a top person during flip inversions.
- 3-3-5g** Allows the top person to perform no more than one complete twist during a braced flip.
- 3-3-6a** Restricts the release of inverted skills to the original bases.
- 3-3-6a3** Allows an inversion to be released to a stunt with no more than ¼ turn.
- 3-3-6c2** Allows contact to be maintained between one base or spotter and the top person during an inversion that begins at or passes through prep level. Revised language for the foldover exception.
- 3-5-5** Re-ordered for clarity.
- 3-5-5c1** Allows an exception for hand to foot contact in braced releases to a cradle.
- 3-5-5c2** Editorial change.
- 3-5-5c3** Allows top person in a horizontal or cradle position to be released to a loading position or stunt at any level with no more than a ¼ turn.
- 3-5-5d** Restricts the movement of bracers.
- 3-7-5** List of exceptions was modified.
- 3-7-9** Redundant rule deleted.
- 3-8-9** Restricts contact during airborne tumbling skills with hip-over-head rotation.
- 3-9-4** Deleted handspring from rule.



Transgender Policy

The outlined procedure is in place for the regular season and the IESA state series.

5.100 - Sportsmanship

A player ejected from a contest must serve a two-game suspension and complete the NFHS Sportsmanship course. A player ejected a second time during the school year must serve a 5-game suspension and the school is responsible for paying a \$100 penalty fee. A coach ejected from a contest must serve a two-game suspension, complete the NFHS Sportsmanship course and the school must pay a \$100 penalty fee. A coach ejected a second time during the school year must serve a 5-game suspension and the school is responsible for paying a \$250 penalty fee. All player/coach ejection consequences must be met, documented and confirmed by the IESA before eligibility is reinstated for a player or a coach. Fans ejected from a contest must complete the NFHS Sportsmanship course and provide proof of completion to the member school the fan represents.



COPYRIGHT COMPLIANCE

Here's a video on copyright compliance and why it's important:

[How Mickey Mouse Destroyed the Public Domain](#)

We encourage you to take the FREE NFHS course:

[Understanding Copyright and Compliance.](#)

When preparing music for the competition, the IESA recommends consulting USA Cheer's Preferred Provider database:

<https://www.usacheer.org/music/preferred-providers>

If you are not using a Preferred Provider for your squad's music, you need to get in contact with the copyright holder to get permission to use/edit their music. To do this, visit www.ascap.com, use the "Repertory" link on the left and search by title, author, etc. When your selection appears, hit the expand button to display the publisher's contact information.

DATES AND DEADLINES

Coop Agreement Due
November 11

Entry Deadline
November 18

Final Entry Deadline
December 1

Rosters Deadline
December 11

Division Change Due
January 6

State Competition
January 23

Practice Sign-Up
December 1